

## Crafted Prayer Guide for Individuals

(ADAPTED FROM THE BOOK: Crafted Prayer)

Begin with thanksgiving and worship.

Come into stillness. Rest and enjoy His presence, whether He's present to your faith or your feelings. Rejoice that He promised to always be present and He lives in you.

Clarify and simplify your focus for your prayer.

Ask the Lord to show you His perspective. How does He see this? How is He thinking about it? Rejoice that the Father, Jesus and the Holy Spirit are already praying the perfect prayer in you. Ask them to show you what they are praying.

Gather thoughts, words or scriptures that bubble up from your heart and write them down.

This is a time to gather the pieces. No rush to connect them.

Bring what you've gather to the Lord and ask Him joyfully for any further clarification. Write down any further insights you receive.

Collect all your pieces and begin the relational process of crafting a prayer from the key words and phrases you've received. Stay in a place of peace, joy and delight in writing your prayer.

Take your draft of your Crafted Prayer back to the Lord. Ask if He has any further refining or clarification. Together, enjoy finding the best words to express His thoughts.

Move into a time of joyful proclamation of what God will do. See yourself praying your prayer with your Prayer Team of Father, Jesus and Holy Spirit.

Be creative in how you pray your prayer aloud, giving your whole heart to it! Rejoice in the fact that God is faithful to do things in His own time and in His own way. As God leads you, continue to pray and proclaim with confidence.

Remember, that the joy is in the journey of crafting your prayer and praying with God... not only in the outcome. Therefore, you will always have a cause for rejoicing in prayer!

Ask God to show you when the resolution has come.