

THE WAY GOD WALKS WITH US

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EPISODE 6:

Process is Developed in Identity

“What you learn in your process, you get to live in your identity.”

- GRAHAM COOKE

This episode offers a map as you further explore the process of becoming more like the true nature of God that you're experiencing, encountering and beholding.

1. *What do you want to put off?*

- + Identify an old or negative vision, thinking, or feeling that has not been helpful.
- + Once you identify one of these, what are the other two negative perceptions that partner with it?

Example: If the Holy Spirit illuminates an “old-man” way of thinking, what are the negative perceptions (*vision*) and emotions (*feeling*) that come with that?

2. *Renew your commitment to Presence.*

We don't *ask* for the Presence of the Lord; we rejoice in it because He promised to never leave us nor forsake us. Whether He is present to your faith or to your feelings, He is present because He promised to be.

- + Spend time rejoicing and thanking God that He abides in you.
- + Declare your trust that He is ever-present and never changing in His love.
- + Express your delight that as He abides in you, you abide in Him.

- + Ask Him how *He* does it. Explore Scripture and the stories of Jesus.
- + Worship and give thanks until joy and quiet confidence rise up.

3. Receive the gift of God that He has for you instead.

Isaiah 61:1-4 shows us the nature of God to make a Divine Exchange:

For ashes, He gives beauty.

When we mourn a loss, He gives the healing oil of joy.

If our spirits become heavy and sad, He clothes us in praise that is living and light, making Him greater than any adversity we face.

God's opposite of every negative is a gift; and gifts need to be received. They are not earned.

As we put off and let go of the old, we are able to take hold of the gift of God, unpack it with the Holy Spirit and anticipate putting it on and living in it!

4. Practice putting on the new.

- + Learn to identify your practice opportunities and make the most of them!

Everyday challenges are a valuable Training Ground. The old lens is to see them as "problems." Your new lens sees them as "practice possibilities."

- + Enjoy the learning as much as God does.

He understands it will take time. Find ways to remind yourself of His delight in walking with you as you discover the magnificence of His provision.

- + Ask daily: "What did I learn?"

Some days you learn how your new ways of thinking, feeling and seeing work. On other days, you'll forget and default to familiar old patterns. It's all part of growing and it's all valuable. Discover the learning in every day.

