

THE *PLACE* OF INCREASE

GRAHAM COOKE

EPISODE 2:

Introduction to Joy

Welcome to *The Place of Increase: JOY!*

DISCOVER YOUR JOY

After listening to this episode, take some notes over the next few days.

Enter your time of devotion, expecting to see where your joy has increased in the past weeks and months. Ask Jesus to see through HIS eyes - and ask the Holy Spirit for His help.

Take time to celebrate together as you go through discovering where you've increased already - and where God is excited to see you increase next!

- Read Philemon 1:6 again and ask the Lord, "What good things are already in me?"
- Remember, "self-examination" means "to look at with a view to approval."

EXPECT God's approval! Anticipate His delight.

Feel hope and expectation rise for a NEW increase in joy!

CELEBRATE:

When it comes to joy, think about your journey.

- Write out a description of what joy looked like in your life when you started Brilliant TV.
- Where was joy consistent in your life? Where was it likely to be challenged?
- What are the occasions where you've experienced joy since beginning Brilliant TV?
- What was the catalyst for those encounters?

(Prayer? New mindset? Feeling the love of God? Encountering John 15:11? Something else?)

- How did each encounter impact the way you saw, thought and felt about yourself, about God, and about your life situations?
- What are the Father, Jesus and Holy Spirit celebrating in you regarding joy? Make it a 3+Me moment!



Keep a record in your Celebration Journal to remind you on the days you forget just how happy He is to be with you on this journey!

DISCOVER YOUR INCREASE

Consider where you are today on your journey.

- Is your joy partial, consistent, more subject to who God is for you than the situations you encounter?

- What still has the power to reduce or rob you of your joy?

- What is your level of expectation in God's good plans to establish you further in Joy as you go through this series? Write that out.

EXPLORE YOUR NEW TERRITORY

Read Jeremiah 29:11 aloud every day as part of your devotional time:

"I know the plans I have for you to give you a future and a good expectation. Not for your calamity. But for your welfare and your future."

Declare the Psalm of thanksgiving from this episode (or write a new one) to read daily:

"God - thank you that this is who You've been to me as my Joy. I celebrate what we've discovered together so far and what you've brought me into.

I celebrate that I'm different now than I've been and I know there's more we get to experience together.

Thank you that every word You speak brings me into greater fullness of joy!"

Share your discoveries in the comments to this episode so we can share in your celebration and expectation of Joy!

- *Graham*