



OCTOBER CHALLENGE

The Art of Awareness: Tuning Into Your Real Life

DAY 1: *Activation*

In Letter 3 of Graham's book, *The Nature of Freedom*, Graham writes, "Identity is the key to transformation. You don't become a new person by changing your behavior. Instead, you discover the person you already are in Christ and act accordingly."

Beloved, let the awareness of that powerful truth sit with you for a moment.

Christ is within you and you never lose Him... You can only lose your awareness of Him. When He came to live inside your heart, that indwelling wasn't conditional. He doesn't have buyer's remorse, or wish He'd saved everyone else, but left you to fend for yourself. God is deeply committed to you living in fullness and to understanding your place in the Kingdom.

Colossians 2:9-10:

"For in Christ all the fullness of the Deity lives in bodily form, and in Christ you have been brought to fullness. He is the head over every power and authority."



Make a page in your notebook for each of these questions. Take your time as you answer.

REMEMBER: *Slow learning is great learning!*

KEY #1: *Tune into "AM" (Abiding Mode), not "FM" (Failure Mode)*

"When you operate from the old you, you are engaged in Failure Mode (FM); when you live in the new man, you activate Abiding Mode (AM)... When you are overcome by a negative perception from the old nature, you must stop and ask yourself, 'Which self is talking here?'"

- From The Nature of Freedom, Letter Three

You can't listen to two stations at once, you're either tuned into AM or FM. Colossians 3 tells us that we have been raised with Christ and that we must set our hearts on things above. "Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died and your life is now hidden with Christ in God."

Beloved, bouncing back and forth between your new man identity, who you truly are in Christ and your old identity is operating in a mentality that is dead and buried. Living that way will only hold you back from being who you were created to be.

1. Name some of the thinking and language that holds you back from walking in newness of life.

2. What makes you excited, hopeful, and confident about being new in Christ?

