

APPENDIX 1

INHERITANCE WORDS

When crafting a prayer for yourself, it is important to ask God for an inheritance word. These are usually passages of Scripture that He highlights and asks you to meditate on for long periods of time. As a son or daughter of the Almighty, you have an inheritance, and God wants you to know what it is. Jesus Himself, after spending 40 days and 40 nights being tested in the wilderness (see Luke 4), returned to civilization and went straight to a synagogue. He opened the Scriptures to Isaiah 61 and proclaimed it as His inheritance. “Today, this word is fulfilled in your hearing,” He said.

God will give you an inheritance word, if He hasn’t done so already. The word will set you up to discover what you’re going to experience during the next stage of your journey of faith. It may be two or three passages of the Bible, but He will put it in your heart, and it is your inheritance. Ask for it. When you receive a passage, don’t read anything else for a while. Read it and re-read it. Memorize it, if you can. Take it apart, piece by piece. Study it. Look it up in the Bible commentaries. Research the original language. Ask God to illuminate His truth in it. *Every ounce of revelation is yours to experience.* This passage is part of the conversation in Heaven about you, so use it for all it’s worth. Then write a crafted prayer about it, asking for the things that have been laid out as promises in your inheritance word.

Many years ago, God gave me an inheritance word for the next phase of my life, through Psalm 91. “I want you to study this and I don’t want you to read anything else in Scripture for the next nine months,” God told me one day. “Grae, I want you to read it, study it, memorize it. Everything in that psalm is yours to experience.” I remember that after three months of reading the same sixteen verses, I was desperate for a little bit of Timothy. I flipped to the New Testament and immediately my eyes went out of focus. “What did I say to you?” the Lord chided. I found the bookmark and returned to Psalm 91, and my eyes went back to normal. “Grae, I need you to get this,” the Lord said. “This is your Bible right now. This psalm is everything I want to show you. You must come into this so I can do what I want to do.” Psalm 91 is a powerful passage:

He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty.

I will say of the LORD, “He is my refuge and my fortress; My God, in Him I will trust.”

Surely He shall deliver you from the snare of the fowler and from the perilous pestilence.

*He shall cover you with His feathers,
And under His wings you shall take refuge;
His truth shall be your shield and buckler.*

*You shall not be afraid of the terror by night,
Nor of the arrow that flies by day,
Nor of the pestilence that walks in darkness,
Nor of the destruction that lays waste at noonday.*

*A thousand may fall at your side,
And ten thousand at your right hand;
But it shall not come near you.
Only with your eyes shall you look,
And see the reward of the wicked.*

*Because you have made the LORD, who is my refuge, even
the Most High, your dwelling place,
No evil shall befall you,
Nor shall any plague come near your dwelling;
For He shall give His angels charge over you,
To keep you in all your ways.
In their hands they shall bear you up,
Lest you dash your foot against a stone.*

*You shall tread upon the lion and the cobra,
The young lion and the serpent you
shall trample underfoot.*

*“Because he has set his love upon Me,
therefore I will deliver him;
I will set him on high, because he has known My name. He
shall call upon Me, and I will answer him; I will be with
him in trouble;
I will deliver him and honor him.
With long life I will satisfy him,
And show him MY salvation.”*

I've written several crafted prayers out of this passage, and seen God, time after time, turn back the attacks of the enemy.

God has allowed Satanists and the occult to come against me, to lure them into a trap He has set—for them! Psalm 91 was a test for me, to learn how to live in God’s refuge, sovereignty, and majesty. A Satanist once took a seat next to me on an airplane, with a specific assignment to curse me. When we reached our cruising altitude of 35,000 feet, he introduced himself.

“I’m a Satanist,” he said. “My whole coven has been given a commission to curse you to death.”

I looked at him—he was dressed like a successful businessman. I smiled.

“Okay,” I said. “Let’s hear it.” He proceeded to curse me, my health, and my ministry. It was interesting how his face and language changed. His eyes became hooded and his voice low and sibilant. Finally, he ceased. I had held his eyes the whole time.

“Is that it?” I said, feigning disappointment. “The last Satanist to curse me was much better. The Lord really used his words to bless me. Every word you say against me, the Lord will turn into a blessing. So why not think about it for a while, take a deep breath, and start again.”

He declined. I continued the conversation. “Actually, you’re not really here to curse me,” I said. “You’re here to listen to the message that the Lord is pursuing you with love. He will be to you like the hound of Heaven—you cannot get away. How do you like those apples?”

The Satanist got up, spoke with the flight attendant, and switched seats. Bless his heart. I had confidence in what God was going to do, because I knew my inheritance. I knew that God has promised me that no evil shall befall me, and that I

will trample the lion, the cobra, the young lion, and the serpent. That is the power of an inheritance word made into a crafted prayer.

Let's pray together that God will give you an inheritance word.

Father, I thank You. Of all people in the earth, we are the most confident. We're the happiest people on earth because of who You are. We represent Your Kingdom of joy. I thank You that You're only acquainted with grief, that You are the happiest person that lives.

Father, I pray in the name of Jesus that You would give us a spirit of wisdom and revelation in the knowledge of You. I ask that You should show us your inheritance for the next stage of our journey, and I pray that You will enable us to study, to think into that, to meditate on Your word. I pray, Holy Spirit, that You would give us inspiration and insight into that word. Bring us into an experience of that word through the circumstances that You allow, so that we are established in the inheritance that You show to us. Help us grow rapidly, to be expanded, and to go deep in who You are.

Raise us to higher level in the Spirit. So I pray, reveal our inheritance in word form and inspire us to seize it, so that our hearts would be filled with Your confidence and certainty. In Jesus' name, Amen.

APPENDIX 2

CRAFTED PRAYER IN THE BIBLE

There are many prayer triggers in the Bible, crafted prayers that have been handed down by God through the ages. These are prayers that are earthed in Scripture and get automatic yes and amen.

- ◆ “BE MERCIFUL TO ME, A SINNER” (LUKE 18:13).
- ◆ “SET MY MIND ON WHAT THE HOLY SPIRIT WANTS TODAY” (ROMANS 8:5).
- ◆ “LET ME BE LED BY THE HOLY SPIRIT TODAY” (ROMANS 8:14).
- ◆ “CONTROL MY LIFE BY YOUR SPIRIT” (ROMANS 8:10).
- ◆ “HELP ME PUT TO DEATH THE DEEDS OF FLESH THAT YOUR LIFE MAY REIGN IN ME” (ROMANS 8:13).
- ◆ “HELP ME, FATHER, TO COUNT MYSELF DEAD TO SIN, BUT ALIVE TO YOU” (ROMANS 6:11).
- ◆ “SHOW ME YOUR WAYS, LORD. TEACH ME YOUR PATHS. LEAD ME IN THE WAY EVERLASTING” (PSALM 25).
- ◆ “LET ME HUNGER AND THIRST FOR YOUR RIGHTEOUSNESS” (MATTHEW 5:6).
- ◆ “RENEW MY MIND, O GOD. LET ME LOVE YOU WITH ALL MY HEART, SOUL, MIND AND STRENGTH” (MARK 12:30).
- ◆ “ONE THING I ASK, LORD: TO LIVE IN YOUR HOUSE AND BEHOLD YOUR BEAUTY” (PSALM 27:4).

STEPS TO A CRAFTED PRAYER

GENERAL PREPARATION (ECCLESIASTES 5:1-7)

- ◆ KEEP “UPDATING” YOUR INFORMATION ABOUT GOD’S LOVE, HIS PURPOSES, HIS WAYS OF READING AND MEDITATING ON RELEVANT BIBLE PASSAGES (2 TIMOTHY 3:14-17).

- ◆ REVIEW AND MEDITATE ON CRAFTED PRAYERS IN THE BIBLE (MATTHEW 6:9-15; JOHN 17; ROMANS 12:14-21; EPHESIANS 1:15-23 AND 3:14-19; 1 TIMOTHY 2:1-2).

STEPS FOR AN INDIVIDUAL

- ◆ BE THANKFUL TO GOD FOR HIS PROMISES TOWARDS YOU (JEREMIAH 29:11-14).
- ◆ BE THANKFUL TO GOD FOR WHAT HE HAS ALREADY DONE (PHILIPPIANS 4:4-7).
- ◆ BEGIN TO WORSHIP GOD AS YOUR THANKSGIVING BRINGS YOU INTO HIS PRESENCE (PSALM 100).
- ◆ COME TO A PLACE OF STILLNESS INSIDE—PREPARE YOUR HEART TO LISTEN TO GOD (PSALM 46).
- ◆ CLARIFY AND SIMPLIFY THE CURRENT AREA FOR CRAFTED PRAYER.

- ◆ ASK THE LORD TO SHOW YOU WHAT HE WANTS TO ACCOMPLISH FIRST IN THE SITUATION, AND SECOND, IN YOU THROUGH THIS TIME.
- ◆ SEEK TO DISCOVER WHAT THE FATHER, SON AND HOLY SPIRIT ARE PRAYING FOR THIS SITUATION (HEBREWS 7:23-25 AND ROMANS 8:22-30).
- ◆ GATHER THE THOUGHTS AND WORDS THAT GOD GIVES YOU. WRITE THEM DOWN.

- ◆ TAKE THESE THOUGHTS AND WORDS BACK TO THE LORD AND PRAY FOR FURTHER CLARIFICATION. WRITE DOWN ANY FURTHER INSIGHT YOU RECEIVE.

- ◆ IN THE PLACE OF STILLNESS, CRAFT A PRAYER THAT INCLUDES THE KEY ELEMENTS (WORDS, IDEAS, AND PHRASES) THAT GOD HAS MADE KNOWN TO YOU. DON'T RUSH OR PUSH.

GRAHAM COOKE

- ◆ TAKE YOUR CRAFTED PRAYER BACK TO THE LORD. ASK FOR CONFIRMATION OR ALTERATION, IF NECESSARY, UNTIL YOU ARE AS CONFIDENT AS YOU CAN BE THAT YOU HAVE THE MIND OF GOD ON HOW TO PRAY.
- ◆ MOVE INTO A TIME OF PROCLAMATION OF WHAT GOD WILL DO BASED ON YOUR FAITH IN WHO GOD IS AND YOUR UNDERSTANDING OF HIS WILL.
- ◆ ACCEPT THE FACT THAT GOD WILL DO THINGS IN HIS OWN TIME AND HIS OWN WAY!
- ◆ AS GOD LEADS YOU, CONTINUE TO PRAY AND PROCLAIM WITH CONFIDENCE WHAT GOD HAS SHOWN YOU UNTIL RESOLUTION COMES.

STEPS FOR A GROUP

- ◆ BE THANKFUL TO GOD FOR HIS PROMISES TOWARDS YOU (JEREMIAH 29:11-14).
- ◆ BE THANKFUL TO GOD FOR WHAT HE HAS ALREADY DONE (PHILIPPIANS 4:4-7).
- ◆ BEGIN TO WORSHIP GOD AS YOUR THANKSGIVING BRINGS YOU INTO HIS PRESENCE (PSALM 100).
- ◆ COME TO A PLACE OF STILLNESS INSIDE—PREPARE YOUR HEART TO LISTEN TO GOD (PSALM 46).
- ◆ CLARIFY AND SIMPLIFY THE CURRENT AREA FOR CRAFTED PRAYER.

- ◆ ASK THE LORD TO SHOW YOU WHAT HE WANTS TO ACCOMPLISH IN THE SITUATION AND IN THE LIFE OF THE GROUP OR CHURCH THROUGH THIS TIME. ALSO ASK HIM WHAT HE WANTS TO ACCOMPLISH IN YOUR LIFE.
- ◆ SEEK TO DISCOVER WHAT THE FATHER, SON AND HOLY SPIRIT ARE PRAYING FOR THIS SITUATION (HEBREWS 7:23-25 AND ROMANS 8:22-30).
- ◆ INDIVIDUALLY GATHER YOUR THOUGHTS AND WORDS THAT GOD GIVES YOU. WRITE THEM DOWN.

- ◆ COME TOGETHER AND SHARE THE WORDS AND PHRASES YOU BELIEVE GOD HAS REVEALED TO YOU. IDENTIFY ANY THAT HAVE BEEN RECEIVED BY A NUMBER OF GROUP MEMBERS.

- ◆ TAKE THESE COMMON THOUGHTS AND WORDS BACK TO THE LORD AND PRAY FOR FURTHER CLARIFICATION. WRITE DOWN ANY FURTHER INSIGHT YOU RECEIVE.

GRAHAM COOKE

- ◆ TOGETHER, ENTER THAT PLACE OF STILLNESS AND CRAFT A PRAYER THAT INCLUDES THE KEY ELEMENTS (WORDS, IDEAS, AND PHRASES) THAT GOD HAS MADE KNOWN TO YOU. DON'T RUSH OR PUSH.

- ◆ TAKE YOUR CRAFTED PRAYER BACK TO THE LORD. ASK FOR CONFIRMATION OR ALTERATION, IF NECESSARY, UNTIL YOU ARE AS CONFIDENT AS YOU CAN BE THAT YOU HAVE THE MIND OF GOD ON HOW TO PRAY.
- ◆ MOVE INTO A TIME OF PROCLAMATION OF WHAT GOD WILL DO BASED ON YOUR FAITH IN WHO GOD IS AND YOUR UNDERSTANDING OF HIS WILL.
- ◆ ACCEPT THE FACT THAT GOD WILL DO THINGS IN HIS OWN TIME AND HIS OWN WAY!
- ◆ INDIVIDUALLY, AS GOD LEADS YOU, CONTINUE TO PRAY AND PROCLAIM WITH CONFIDENCE WHAT GOD HAS SHOWN YOU UNTIL RESOLUTION COMES.

CRAFTED PRAYER WORKSHEET – INDIVIDUAL



- ◆ BEGIN WITH THANKSGIVING AND WORSHIP.
- ◆ COME TO STILLNESS INSIDE – PREPARE YOUR HEART TO LISTEN TO GOD.
- ◆ CLARIFY AND SIMPLIFY THE CURRENT AREA FOR CRAFTED PRAYER.
- ◆ ASK THE LORD TO SHOW YOU WHAT HE WANTS TO ACCOMPLISH IN THE SITUATION.
- ◆ ASK TO BE SHOWN WHAT IS THE DESIRE AND PRAYER OF THE FATHER, SON, AND HOLY SPIRIT.
- ◆ GATHER THE THOUGHTS AND WORDS THAT GOD GIVES YOU – WRITE THEM DOWN.

- ◆ BRING YOUR LIST OF THOUGHTS AND WORDS TO THE LORD AND PRAY FOR FURTHER CLARIFICATION. WRITE DOWN ANY FURTHER INSIGHTS YOU RECEIVE.

- ◆ ENTER THAT PLACE OF STILLNESS AND CRAFT A PRAYER THAT CONTAINS THE KEY WORDS AND PHRASES YOU HAVE RECEIVED.

- ◆ TAKE YOUR COMPLETED CRAFTED PRAYER BACK TO THE LORD FOR CLARIFICATION.
- ◆ MOVE INTO A TIME OF PROCLAMATION OF WHAT GOD WILL DO.
- ◆ ACCEPT THE FACT THAT GOD WILL DO THINGS IN HIS OWN TIME AND WAY.
- ◆ AS GOD LEADS YOU, CONTINUE TO PRAY AND PROCLAIM WITH CONFIDENCE WHAT GOD HAS SHOWN YOU UNTIL RESOLUTION COMES.

CRAFTED PRAYER WORKSHEET – GROUP



- ◆ BEGIN WITH THANKSGIVING AND WORSHIP.
- ◆ COME TO STILLNESS INSIDE – PREPARE YOUR HEART TO LISTEN TO GOD.
- ◆ CLARIFY AND SIMPLIFY THE CURRENT AREA FOR CRAFTED PRAYER.
- ◆ ASK THE LORD TO SHOW YOU WHAT HE WANTS TO ACCOMPLISH IN THE SITUATION, GROUP, AND YOURSELF.
- ◆ ASK TO BE SHOWN WHAT IS THE DESIRE AND PRAYER OF THE FATHER, SON, AND HOLY SPIRIT.
- ◆ GATHER THE THOUGHTS AND WORDS THAT GOD GIVES YOU – WRITE THEM DOWN.

- ◆ COME TOGETHER AND SHARE THE WORDS AND PHRASES YOU BELIEVE GOD HAS REVEALED TO YOU. WHICH ARE COMMON TO A NUMBER OF YOU?

- ◆ TAKE THESE COMMON THOUGHTS AND WORDS TO THE LORD AND PRAY FOR FURTHER CLARIFICATION. WRITE DOWN ANY FURTHER INSIGHTS YOU RECEIVE.

- ◆ TOGETHER, ENTER THAT PLACE OF STILLNESS AND CRAFT A PRAYER TOGETHER.
- ◆ TAKE YOUR COMPLETELY GROUP-CRAFTED PRAYER BACK TO THE LORD FOR CLARIFICATION.
- ◆ MOVE INTO A TIME OF PROCLAMATION OF WHAT GOD WILL DO.
- ◆ ACCEPT THE FACT THAT GOD WILL DO THINGS IN HIS OWN TIME AND WAY.
- ◆ INDIVIDUALLY, AS GOD LEADS YOU, CONTINUE TO PRAY AND PROCLAIM WITH CONFIDENCE WHAT GOD HAS SHOWN YOU UNTIL RESOLUTION COMES.

STILLNESS



Being still is a vital part of hearing the conversation that is going on in Heaven over your life and situation. Ironically, the time you most need stillness is when everything is chaotic around you. Peace is like having an equalizing pressure inside of you which keeps you from being crumpled by outside pressure.

TRY THIS EXERCISE IN BEING STILL:

- ◆ FIND A COMFORTABLE PLACE.
- ◆ PUT ON A WORSHIP CD FOR A FEW MINUTES. SING ALONG.
- ◆ SLOW YOUR BREATHING DOWN. INHALE AND EXHALE DEEPLY.
- ◆ JUST BE SILENT BEFORE THE LORD.
- ◆ IF YOUR THOUGHTS WANDER, BRING THEM BACK TO GOD.
- ◆ IF YOU HAVE A STRAY THOUGHT, TURN IT INTO SOMETHING POSITIVE. (FOR EXAMPLE, YOU MIGHT SUDDENLY THINK, "I NEED MILK FOR THE KIDS TOMORROW." TURN THAT THOUGHT INTO A PRAYER OF THANKSGIVING FOR YOUR CHILDREN AND GOD'S PROVISION.)

By chasing your stray thoughts down, you train your mind to be still before the Lord. There will come a point when your thoughts will be under control. Paul wrote in 2 Corinthians 10:4–6:

“For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, and being ready to punish all disobedience when your obedience is fulfilled.”

ABOUT THE AUTHOR

Graham and Theresa Cooke reside in Santa Barbara, California. Working together with their closest friends they have formed a Kingdom community called Radiance. Radiance is a community of creatives and entrepreneurs with a citywide focus on Arts and Business. While individual members of the community are involved in a wide range of Kingdom activities (i.e. caring for the poor, teaching/training, pastoral ministry) the community, as a whole, is focused on impacting the social pillars of Arts and Business in Santa Barbara. They are committed to making a place for Kingdom-minded dreamers to explore and realize the potential of their imagination—and to raising the “water level” of Kingdom Culture in this city.

He is married to Theresa who has a passion for worship and dance. She loves to be involved in intercession, warfare and setting people free. She cares about injustice, abuse and has compassion for people who are sick, suffering and disenfranchised.

Graham and Theresa have a growing family spanning two generations and several countries. All their children are involved in business, the arts and entertainment. There are numerous grandchildren who keep them busy laughing and enjoying life.

Graham is a popular conference speaker and is well known for his training programs on the prophetic, spiritual warfare, intimacy and devotional life, leadership, spirituality and the church in transition. He functions as a consultant and freethinker to businesses, churches and organizations, enabling them to develop

strategically. He has a passion to establish the Kingdom and build prototype churches that can fully reach a post-modern society.

A strong part of Graham's ministry is in producing finances and resources for the poor and disenfranchised in developing countries. He supports many projects specifically for widows, orphans and people in the penal system. He hates the abuse of women and works actively against human trafficking and the sex slave trade; including women caught up in prostitution and pornography.

Graham is an ambassador for communities of faith in the Body of Christ on behalf of Not For Sale. He talks about the work of Not For Sale and empowers individuals, families, businesses, ministries and churches to get involved in sponsoring projects. Not For Sale have specific assignments that involve rescue, restoration and providing education; skills-based training and small business development to enable people to become fully rehabilitated into a normal, productive life.

If you would like to invite Graham to minister at an event, please complete our online Ministry Invitation Form at BrilliantPersepctives.com.

If you want to give to Not For Sale and partner with them directly, it's simple. Go to their website, NotForSaleCampaign.org.

Look at the range of what they are doing and at the very least give a one time gift, or give a monthly donation for six months or one year. Better still; involve your family, friends, business or church in sponsoring a specific project.

Your contribution makes a world of difference to the people rescued by your involvement.

FAQs

Q: WHO IS GRAHAM COOKE AND HOW CAN I FIND MORE INFORMATION ON HIM?

A: GRAHAM IS A SPEAKER, AUTHOR AND MENTOR WHO LIVES IN SANTA BARBARA, CALIFORNIA. HE IS PART OF A CHRISTIAN COMMUNITY CALLED RADIANCE THAT HAS A PASSION FOR BUSINESS AND THE ARTS.

YOU CAN CONTACT HIM AT WWW.BRILLIANTPERSPECTIVES.COM

Q: HOW CAN I BECOME A PRAYER PARTNER WITH GRAHAM?

A: GRAHAM HAS A COMPANY OF TRAINED PROPHETIC INTERCESSORS CALLED THE WARRIOR CLASS, WHICH IS OVERSEEN BY ALLISON BOWN, WHO IS THE DIRECTOR.

TO CONTACT ALLISON PLEASE GO TO THE WARRIOR CLASS WEBSITE, WWW.TWCLASS.ORG.

Q: HAS GRAHAM WRITTEN ANY OTHER BOOKS?

A: FOR A FULL AND UP TO DATE LIST OF ALL GRAHAM'S BOOKS, CD'S AND RESOURCES PLEASE GO TO WWW.BRILLIANTBOOKHOUSE.COM.